



Teach Me to Do it Myself

Pat Thomas

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Based on the key Montessori principle that children learn best through active experience, Teach Me to Do It Myself presents simple activities through which children explore and develop their skills. These skill areas include sensory perceptions, body coordination, language, understanding of numbers, and movement. This practical, color-illustrated parenting book is filled with activities and instructions for overseeing children as they carry out a variety of learning activities. Most activities will seem simple to parents, because once mastered, adults perform them automatically. However, toddlers experience a sense of accomplishment and self-worth when they learn to perform them independently. The many activities start with dressing and personal hygiene, then go on to include . . . •Pouring activities•Threading and sewing activities•Peg activities•Cutting with scissors•Sorting activities by touch•A color matching game•Making musical scales with bottles and water•Using alphabet tiles to make words•Growing things in a window box•Making finger puppetsActivities are described in detail and include checklists of needed items, as well as variations and related activities for children to try.

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