



# A No-nonsense Guide to Growing your own Vegetables

*Paul Spivey*

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-“Wholesale food prices rose last month by the most in 36 years, and experts can't say how high they'll ultimately go.”(Penn State© Live: April 4, 2011)

-“Studies estimate that processed food in the United States travels over 1,300 miles, and fresh produce travels over 1,500 miles, before being consumed.”

-A well-known financial consultant says food prices are skyrocketing now.

-The United States has two weeks' worth of stored grain.

-Providing for your family might depend on growing your own vegetables.

This book quickly brings you up-to-speed in a no-nonsense way on the topic of growing your own vegetables. I wanted to learn the ways my grandparents fed themselves and combine their wisdom with the advantages of today's scientific advances. This book will give you the basics and provide lots of links where you can learn more, go much deeper. This booklet is also peppered with my sense of humor, for better or worse. I hope you enjoy learning about growing and eating your own food.

Chapters include;

Why Start a Survival Garden,

Build Your Soil,

Build your Garden,

Earthworms,

Planting,

Seed or Plant?,

Planting Out Your Garden,

Mulching,

Fertilizing,

Compost,

Pest Control,

Preserving your Harvest,

Saving Seeds,

What to Do in Winter,

Links (lots of them)

I hope you enjoy your garden as much as I do mine! Experiment with it and have fun! Most importantly, do it.

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