



## **Ageing and Older Adult Mental Health: Issues and Implications for Practice**

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# Ageing and Older Adult Mental Health: Issues and Implications for Practice

## Ageing and Older Adult Mental Health: Issues and Implications for Practice

This book examines the issues and implications that mental health professionals face when dealing with ageing and older adults. The book focuses on the biological, psychological and cultural influences that impact on the work of mental health practitioners who work with this client group.

Based on current empirical research and evidence-based practical issues this book explores topics including:

- ageing and dementia
- elder abuse
- caring for older adults
- depression and ageing
- the paradox of ageing
- how older adults are key to the success of future generations.

Throughout the book the contributors emphasise the notion of 'healthy ageing,' and the importance and significance of this concept as part of the life-cycle process. As such *Ageing and Older Adult Mental Health* will be key reading not only for mental health professionals, but also for those involved in policy making for older adults.

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