



# The 3 Things That Will Change Your Destiny Today

*Paul McKenna Ph.D.*

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**The 3 Things That Will Change Your Destiny Today** Paul McKenna Ph.D.

**What if you could change your whole life for the better—in just a few hours?**

**Paul McKenna, Ph.D.**, has spent 25 years working with people from all walks of life and helping them to change their lives for the better. He has investigated nearly every method of therapy, coaching, and personal change available—and now he has made a breakthrough: an amazing new system that yields dramatic results with both large groups and one-on-one clients.

If you're ready to:

- Have infinitely more power over the direction of your life . . .
- Uncover the secrets of luck, confidence, and motivation . . .
- Feel like you are the master of your own destiny . . .
- Become the person you were born to be . . .

. . . then let Dr. McKenna help you! He has discovered and crafted a simple set of processes that anyone can be guided through in a matter of hours. In this book, which includes free downloadable audio and video sessions, he shows you how to clear the past of blocks or negative experiences and get in touch with the core of who you truly are so you can live more happily in the present. His powerful, practical techniques help you connect with what you really want and focus your mind and body to fulfill your destiny!

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