



# Questioning Psychological Health and Well-Being: Historical and Contemporary Dialogues

*Britt-Mari Sykes*

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# Questioning Psychological Health and Well-Being: Historical and Contemporary Dialogues

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**Questioning Psychological Health and Well-Being: Historical and Contemporary Dialogues** Britt-Mari Sykes

Questioning Psychological Health and Well-Being explores the meaning of psychological health and well-being. The book examines three historical illustrations of interdisciplinary dialogue between theologians and psychologists that took place in the United States from 1940-1960 and two contemporary theoretical voices: critical psychology and existential analysis within the discipline of psychology. The book explores the questions and concerns raised by mid-twentieth-century psychologists and theologians about the expansion of psychological theory and the shifting definitions of what it is to be psychologically healthy and productive. The book suggests that these questions continue to resonate within contemporary debate about care both of ourselves and others about psychological health and fulfillment, and about the well-being of society generally.

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