



Christ and the Cutter: A Christian Guide to Understanding Self Injury and How to Help Healing Today

Aaron Mamuyac

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- Do you want to help someone stop cutting?
- Do you feel shocked and confused by what they are doing?
- Do you not know or understand why they would every injure themselves?
- Do you want to help but don't know how?
- Do you want to understand what self harm is?
- Do you feel helpless, powerless, and like things are out of control?
- Do you want to help teenagers find Jesus and become healed?

This Christian Guide on Self Harm will Help You:

- Approach Self-Harm from a Christian worldview
- Learn why someone cuts
- Gain an in-depth understanding to addiction
- Identify the early onsets for self-harming behavior
- Find out what your role is and how you can help
- Follow a step-by-step action plan to healing
- Have exactly what say if you are stuck
- Discover how God will use you in the lives of others
- Equip yourself with a short guide packed with to the point information

Issues Addressed in this Guide to Understanding Self Mutilation

- How to Help Someone Stop Cutting
- How to share your faith and How God can Heal them
- How to Respond to a teenager in a helpful way
- How to stop feeling like you have nothing to contribute
- How to deal get a teenager to trust you

My Christian Guide to Self Harm and Teen Cutting shows you how to deal with difficult situations like...

- A child who has been abused, abandoned, or neglected by his/her family
- Getting a teenager who is emotionally closed off to open up and share with you
- Discovering that a loved one who you never thought had self inflicted wounds
- Convincing someone who is cutting to stop

Special Section on Action Steps

How to turn an emotionally closed off relationship with a teenager into flourishing life changing open and honest relationship and learn how to step into your role for healing in their lives.

Special Section for Christians seeking training in counseling:

Easy to Follow Chart on Depression and a professional knowledge of it

A step-by-step program for six different milestones you want them to say to signify healing

BONUS: Testimonial Video of a personal friend of mine and her struggle with suicidal thoughts

A Personal Note From the Author:

This book blends 10 years of ministry experience and my journey into helping my students cope with their very difficult lives.

I know the emotions that someone might have when trying to help someone. I felt powerless and helpless. I felt like I had failed my students in some way by not knowing what to say or even what they were going through. I wanted to help, but didn't know how and didn't know where to start.

I looked online and all I saw was secular thought and therapeutic suggestions to healing. I didn't see a single resource on a Biblical world view! I didn't see any Christian instruction on how God speaks into self harm and cutting.

That is why I put together. It will help equip you to know what exactly they are going through, why they are cutting, and how you can help from a Christian perspective.

In the end, only true healing comes from Jesus Christ and now you can be equipped to play a healing role in someones life.

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From reader reviews:

Nathan Ware:

Why don't make it to become your habit? Right now, try to ready your time to do the important act, like looking for your favorite book and reading a book. Beside you can solve your short lived problem; you can add your knowledge by the reserve entitled Christ and the Cutter: A Christian Guide to Understanding Self Injury and How to Help Healing Today. Try to make book Christ and the Cutter: A Christian Guide to Understanding Self Injury and How to Help Healing Today as your pal. It means that it can being your friend when you feel alone and beside associated with course make you smarter than before. Yeah, it is very fortunated to suit your needs. The book makes you much more confidence because you can know everything by the book. So , we should make new experience and knowledge with this book.

Reta Zimmer:

Playing with family in the park, coming to see the coastal world or hanging out with friends is thing that usually you may have done when you have spare time, subsequently why you don't try thing that really opposite from that. One activity that make you not sensation tired but still relaxing, trilling like on roller coaster you already been ride on and with addition of information. Even you love Christ and the Cutter: A Christian Guide to Understanding Self Injury and How to Help Healing Today, it is possible to enjoy both. It is fine combination right, you still want to miss it? What kind of hangout type is it? Oh can happen its mind hangout guys. What? Still don't get it, oh come on its called reading friends.

Charles Steen:

Do you have something that you want such as book? The e-book lovers usually prefer to pick book like comic, short story and the biggest some may be novel. Now, why not striving Christ and the Cutter: A Christian Guide to Understanding Self Injury and How to Help Healing Today that give your fun preference will be satisfied by reading this book. Reading practice all over the world can be said as the method for people to know world far better then how they react towards the world. It can't be stated constantly that reading addiction only for the geeky particular person but for all of you who wants to become success person. So , for all of you who want to start examining as your good habit, you may pick Christ and the Cutter: A Christian Guide to Understanding Self Injury and How to Help Healing Today become your personal starter.

Anita Burns:

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