

The Little Book of Heartbreak: Love Gone Wrong Through the Ages

Meghan Laslocky



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The perfect anti-valentine: a whirlwind tour through love's most crushing moments

What's the best way to mend a broken heart? Forget ice cream, wine, and sappy movies. Journalist Meghan Laslocky advises: Read through the pain. From forbidden love in 12th century Paris to the art of crafting the perfect "I'm over you" mix CD, *The Little Book of Heartbreak* is a quirky exploration of all things lovelorn, including:

- How serial cheater Ernest Hemingway stole his wife's job just as their marriage was collapsing
- Kinky spells cast by lovesick men in ancient Greece

• Painter Oscar Kokoschka's attempt to get over an ex by creating (and having liaisons with!) her life-size replica

- Brooding crooner Morrissey's personal creed about how romantic love is useless
- The surprising science behind heartbreak and love addiction
- The connection between World War II and what you talk about with your therapist
- Insights into the tricky chemistry of monogamy and infidelity, courtesy of tiny rodents

• And other lessons learned from ill-fated romances, lovers' quarrels, and hell-hath-no-fury spats throughout the ages

Featuring anecdotes from history, literature, culture, art and music, *The Little Book of Heartbreak* shares the entertaining, empowering and occasionally absurd things that happen when love is on its last legs.

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Rolando Gil:

Spent a free a chance to be fun activity to do! A lot of people spent their free time with their family, or all their friends. Usually they carrying out activity like watching television, about to beach, or picnic from the park. They actually doing same every week. Do you feel it? Do you need to something different to fill your personal free time/ holiday? Might be reading a book is usually option to fill your free time/ holiday. The first thing that you'll ask may be what kinds of publication that you should read. If you want to test look for book, may be the book untitled The Little Book of Heartbreak: Love Gone Wrong Through the Ages can be excellent book to read. May be it can be best activity to you.

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