



The Supervisory Relationship: A Contemporary Psychodynamic Approach

Mary Gail Frawley-O'Dea PhD, Joan E. Sarnat PhD

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In the past two decades, many psychodynamic therapists have begun to view the relational processes taking place between patient and therapist as a central source of transformation. Yet traditional paradigms of clinical supervision, focusing primarily on didactic teaching, have limitations for training therapists to work in these new ways. This groundbreaking volume is the first to elaborate a comprehensive contemporary model of supervision. Using a wealth of examples and vignettes, the authors show how working within the vicissitudes of the supervisory relationship can allow the supervisee to gain a deeper understanding of the treatment method being taught. Key topics discussed include issues of power and authority, regression in the supervisory relationship, rethinking the "teach/treat" question, parallel process as a relational phenomenon, working with group process in case conference, and the role of the organization in supporting training. This is a richly informative resource for psychologists, psychiatrists, social workers, psychoanalysts, and others involved in clinical supervision and training. It also will serve as a text for courses in supervision and organizational psychology.

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