

# Awareness: The Key to Acceptance, Respect, Forgiveness, and Growth

Miriam Adahan

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Aptly titled **AWARENESS**, this fascinating, insightful text encompasses both self-awareness and other-awareness.

**Awareness** is based on an age-old system of personality analysis known as the Enneagram. It is an astonishingly precise and accurate explanation of nine basic personality types their distinct gifts, temperaments, strengths, and weaknesses.

As you read, you will clearly recognize yourself and others. This deeper level of awareness is not only enlightening, but empowering. It enables you to realize your own inner essence and drives, as it provides the understanding you need to relate better in all personal relationships: with spouse, family, friends, business, and work associates.

What gives this title an added dimension is its fusion with the divine wisdom and life values of traditional Judaism, so this becomes a true spiritual journey as well.

Written in a manner that all readers can easily relate to, **Awareness** is an illuminating life-transforming tool for personal growth and genuine fulfillment.



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