



## What a Woman Is Worth

*Alise Chaffins, Janet Oberholtzer, Renee Ronika, Jennifer Luitwieler, Sarah Bessey, Cara Sexton*

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When little girls are neglected or abused, when teen girls are taunted or assaulted, when women are used or discriminated against, they can't help question their worth.

With her trademark vulnerability and candor, editor Tamára Lunardo weaves together the stories of 30 women in a poignant, challenging, and ultimately inspiring exploration of how women's self-worth is shaped. Asking the deepest questions of every heart and making room for real answers, *What a Woman is Worth* is a bold effort to bring about greater awareness of how women and girls are wounded; to offer catharsis, comfort, and community; and to affirm the inestimable worth of all people.

“The question of our worth lies at the root of so many things that hold us back in shame, fear, or doubt. This book is a brave ‘I’ll go first,’ inspiring all who read it to take important steps forward into freedom.” — Kristen Howerton, Professor of Psychology, Vanguard University and author of *RageAgainsttheMinivan.com*

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