



**Healthy Diet Recipes - 34 Easy Go Slow Cooker
Pork Recipes & Easy Slow Cooker Chili Recipes -
Bundle of 2 Cookbooks Special: Go Slow cooker
(Healthy Recipes Book 1)**

Sophia Seeds

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I am a busy mom. I love cooking. My daughter got married 8 years ago with a small family and now she is back to work. She has been asking me for some secrets of the kind of delicious food she used to eat at home. She doesn't want to eat out too often because she wants her children to eat well. So remembers some of the great nutritious meals she used to eat at home in the family. She has asked me put together some Crockpot recipes for her to use so that she can prepare them overnight and then come home with a ready meal. I am very particular that my children eat well nutritiously so I've chosen my favorite diet slow cooker recipes and put them in a series of Slow Cooker Cookbooks for her.

Using the crockpot or slow cooker is one of the best way to prepare your meals when you are fighting against time. All you need to do is to fill the slow cooker with the right ingredients. It is like magic. You need to pour in the right ingredients and right proportion. All my recipes to tell you exactly what ingredients to use and how much for each portion to have the right taste. You do not need a lot of cooking skills and yet at the same time, the outcome of the meals look like the ones you see in restaurants.

These recipes are filled with wonderful smell when you open the cover. And the best thing is that when you come home from a busy day of work, the dinner is ready for your family at the table.

I have put the recipes into an easy to navigate book with clickable chapters. You'll be able to keep your reading device right by your side while you whip up these irresistible recipes in the kitchen for yourself, guests, family, or big gatherings.

Book One: 17 Easy Slow Cooker Pork Recipes

1. Super Delicious Bolognese
2. Low Carb Carnitas
3. Creamy Mushroom Pork Chops
4. Pork Paprikash
5. Low Carb Cochinita Pibil Taco
6. Pork with Cabbage and Apple
7. Spicy BBQ Pork Ribs
8. Low Carb Pork Adobado

9. Cole Slaw Pork Shoulder Sandwich
10. Honey Garlic Pork Roast with pear
11. Orange Pork Roast
12. Low Carb Paprika Pork Tenderloin
13. Easy Pork Meatballs
14. Curry Roast Pork
15. Pork with Beans
16. Cherry Pork Chops
17. Ginger Pork Chops with Pear

Book Two: 17 Easy Slow Cooker Chili Recipes

1. White Bean Chicken Chili
2. Vegetables Corn Chili
3. Veggies with Chili
4. Tender Pork Chili
5. White Turkey Chili
6. Vegetable Beef Chili
7. Low Carb Asian Chili Shredded Beef
8. White Chicken Chili
9. Turkey and Bean Chili
10. Hearty Beef Chili with Cheese
11. Quinoa Chicken Chili
12. Hearty Pumpkin Turkey Chili
13. Squash Chili
14. Beef and bacon chili

15. Mexican Turkey Chili

16. Pork Sausage & Beef Chili

17. Beef Macaroni Chili

Enjoy enjoy!

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Shannon Blackshear:

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Mary McHugh:

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