



Walking The Keys To Happiness: Practical Advice And Humorous Memories From A Week Long Walk Of The Florida Keys

Tamara Scharf

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Have you ever wondered how it would feel to escape from the daily grind for a while? Maybe you want to get away from family and work obligations and at the same time get fit, reconnect with nature, or walk to raise funds for a charity? In this book you will find motivation, strength and encouragement to get you started with your own individual walk to happiness. You will find plenty of useful information as well as amusing anecdotes from the author's week long walk of The Florida Keys.

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