

# Physical Activities for Improving Children's Learning and Behavior

Billye Ann Cheatum, Allison Hammond



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Fewer things cause more concern for teachers and parents than to be told that a child has a learning problem or behavior disorder. It is even more difficult when no specific cause or reason for the problem is given. *Activities for Improving Children's Learning and Behavior* can help you identify underlying causes for a child's difficulty and discover fun-filled activities that can greatly help them.

Authors Cheatum and Hammond, who together have worked in the special physical education field for more than 40 years, explain the complexities of sensory motor development in easily understood language. And they include more than 130 photos and illustrations of developmental processes and activities to help you understand and implement the information presented.

Interwoven throughout the book are 99 physical activities and games designed to help reduce the effects of sensory motor problems. All activities can be used in the classroom or at home and require little or no equipment.

Whether a child shows signs of clumsiness, motor skills below age level, or hyperactivity, Cheatum provides activities proven to help them be successful in and out of the classroom!

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