

Boobies 101: A Complete Guide to Breastfeeding For All Moms From A Mom

Heather Detmar



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The Only Breastfeeding Book You'll Ever Need, "Boobies 101, A Complete Guide to Breastfeeding for All Moms From a Mom"

This book is for all moms, whether you're expecting your first child, next child, presently nursing, or you're past the breastfeeding stage and just want to see if I know what the hell I'm talking about. Rest assured, everyone can benefit from this book. I have five beautiful children, and after 16 years of motherhood I felt I could teach mothers-to-be a thing or two about breastfeeding. My goal is to make this book the only breastfeeding book a mother will ever need.

Breastfeeding is one of the best things you can ever do for your baby. If you're a new mother, I know there is a lot of questions and anxiety leading up to breastfeeding your little one for the first time. This book is meant to take the anxiety and guess work out of it.

Here Is A Preview Of What's Covered

- Breastfeeding vs. Bottle-Feeding
- Breastfeeding Basics
- Breastfeeding Positions
- Breastfeeding In Public
- What Foods Should I Avoid?
- What To Do When Your Baby Won't Breastfeed
- How To Create More Milk
- Finding The Right Breast Pump
- Storing Your Breast Milk
- How To Breastfeed Twins or More
- Breastfeeding and Diabetes
- Breastfeeding and Medications
- Breastfeeding and Drugs and Alcohol
- Breastfeeding Supplies
- Much, much more!

GET YOUR COPY TODAY!

Here's What Others Are Saying

I have two children, and I've breastfed my son with great experience. I know lots of moms want to breastfeed but don't have any experience. The first day of breastfeeding is the most difficult because the baby has to learn with the mom. This book has many skills and tips to breastfeeding, and it's really useful and helpful in my opinion. This is a good guide for breastfeeding.-Grace I have a niece who is planning to breastfeed. She is due in August and this book couldn't have come out at better time. The author adds important information regarding, not only breastfeeding a baby, but twins, and even triplets. Also she talks about diet and the impact of smoking. Excellent thorough advice. Highly recommended.- E.P. Huffington

This book is great--addresses questions about breastfeeding that I never had thought of--and the writing is down to earth and very friendly--just what a mom needs! Some of the questions you have heard, and you've heard different answers--can you get pregnant when breastfeeding? What about breastfeeding when you are sick? ...when you are on medication...what do you do if you don't have enough milk..if your baby isn't 'taking' to breastfeeding? Besides these answers, there is information on pumps...on kinds of pumps, on when to do your pumping, on storing milk; there's information on diabetes and breastfeeding, and on alcohol/caffeine and breastfeeding. What supplies make this work easier for you? That is in there too. I had never thought to ask about tattooing while breastfeeding, but even that is addressed. I recommend this as a gift for any friend who is entering the 'world' of breastfeeding--and their significant others!-Verified Amazon Customer

ORDER TODAY!

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Ben Hernandez:

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Betty Blake:

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