



# Sacred Places: A Mindful Journey and Coloring Book

*Thich Nhat Hanh*

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## **Sacred Places: A Mindful Journey and Coloring Book** Thich Nhat Hanh

In this second book in our Mindful Journey Coloring Book series, Thich Nhat Hanh's wisdom is paired with black-and-white renderings of magical places and simple interiors created by multi-faceted Berkeley, California artist Jason DeAntonis, the bestselling illustrator of the Mindfulness Essentials series. Each image offers a contemplative setting that you can make your own; the process of applying your own vision while considering Nhat Hanh's teachings will allow for deep relaxation, creative abandon, and the creation of personal happiness. All images are printed on the highest quality non-bleed recycled paper.

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