



A Guide to Integrative Pediatrics for the Healthcare Professional (SpringerBriefs in Public Health)

Sanghamitra Misra, Ana Maria Verissimo

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In response to the rise in chronic medical conditions--and the growing use of complementary and alternative therapies--among pediatric and adolescent patients, healthcare practitioners are taking a serious look at pediatric integrative medicine (PIM). Although it dovetails with current concepts of preventive medicine, wellness, and patient control, PIM is still an evolving field with its own particular challenges and opportunities.

A Guide to Integrative Pediatrics for the Healthcare Professional explores its subject through the more familiar lens of integrative medicine. This concise comprehensive resource synthesizes the knowledge base on a range of therapies commonly associated with PIM, such as acupuncture, herbal remedies, clinical hypnosis, yoga, homeopathy, and therapeutic massage, with findings on their effective use with children. Case examples illustrate uses of PIM modalities with allopathic medicine to treat young patients at various developmental stages, and the authors pinpoint safety and appropriateness concerns, answer licensing questions, and note clinical areas requiring further study. The wide-ranging information contained here will help support interest in PIM at the research, training, and practice levels. Features of the *Guide*:

- An introduction to basic concepts in PIM.
- Trends in IM/PIM education.
- A survey of complementary and alternative therapies, including biologically-based, body-based, mind-body, energy-based, and alternative whole systems.
- Current evidence for IM in treating common pediatric conditions.
- The future of integrative pediatrics.
- References and links for further information.

Offering a front-row seat to the continued expansion of the field, *A Guide to Integrative Pediatrics for the Healthcare Professional* is a salient text not only for pediatricians but for all healthcare practitioners tasked with improving children's wellbeing. <

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