



Grief: A Mama's Unwanted Journey

Shelley Ramsey

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This is the book you want no one to need yet know at some point, everyone will. It is for those walking through the searing pain of grief and also for those walking arm-in-arm with a loved one along grief's tumultuous journey. Shelley Ramsey knows that pain well. At the age of seventeen Ramsey's oldest son, Joseph, died in a single-vehicle accident. Shelley chronicled her deeply personal reflections and arduous journey through grief in *Grief: A Mama's Unwanted Journey*.

"Great grief is a ferocious fire. It can be a destroying or a refining fire-or both at once. This book combines searing honesty with wisdom and consolation. Most importantly, it offers realistic hope that while grief and suffering are real words-about the lost one and those who have lost-they do not have to be the defining or final words. That final word is love, something that even suffering does not erase." **-Daniel Taylor**, author of *The Skeptical Believer*

"'We cannot walk out of the cemetery and into life as we knew it. We must take time to grieve.' So says my friend Shelley, who knows the path to her son's grave well. If you are tired of platitudes, tired of the trite but untrue, this book is for you, as real and raw as it gets. Grieving moms, walk with her, learn from her successes and her mistakes, and hold her hand on the unwanted journey in the storm-tossed life-boat of grief. She will guide you safely back to sanity's shore." **-Dane Skelton**, pastor of Faith Community Church and author of *Jungle Flight: Spiritual Adventures at the Ends of the Earth*

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