

# Smile: Happiness Is Right Under Your Nose!: How the Power of Your Smile Connects You to Happiness, Love, Longevity and Much More

Mary Anne Puleio Ph.D.



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Most of us are under utilizing the incredible power of our smile. Now the author has deciphered hundreds of current scientific studies on the smile, and presents it in a unique format that is easy and entertaining to read. The findings will astound you, and instantly motivate you to tap into the remarkable power of your smile to: • LIVE LONGER: Frequent smilers add seven years to their life span • BE HEALTHIER: Smile and your body produces powerful hormones that decrease pain, accelerate healing, and improve mood • RAISE SELF-ESTEEM: Share your sincere smile and people are more likely to perceive you as confident, approachable and beautiful Compelling and profound, you will want to share this book with everyone that is important to you!

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