



# Fear of Lifts: Hypnosis Downloads

*Craig Beck*

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# Fear of Lifts: Hypnosis Downloads

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## **Fear of Lifts: Hypnosis Downloads** Craig Beck

The fear of lifts is equally as real to the individual suffering as a fear of being attacked is to other people.

Even though it might seem irrational, so are the majority of phobic disorders or fears. Fear is not a logical emotion; it is there to keep us safe, and so is much more powerful than thought.

That is why when coping with a fear of elevators, or elevator phobia, we have to eliminate the fear at the same level it is generated within the subconscious mind.

Using a hypnotic approach we can gently re-educate the unconscious mind to react to elevators with the exact same stillness that other people do.

All self-limiting beliefs, phobias and bad habits are simply bad programs buried in the subconscious area of the mind. Willpower is entirely ineffective in dealing with these issues because you are prevented from accessing the source of the problem.

Craig Beck is a master hypnotist of 20 years standing and is also a respected timeline therapist and NLP master practitioner. He understands what makes people tick and more importantly how to access and remove the erroneous programs that cause us problems in everyday life.

Designed to quickly help you reduce and remove the overpowering fear of elevators.

- Unique speed hypnosis technique for rapid results
- Easy to use on any device including smartphones
- Rapidly reduce fear of elevators
- A highly effective solution to severe elevator phobia
- Replace your self-doubt with a new constructive habit

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