



# Hide and Play Dead

*Michael King*

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## **Hide and Play Dead** Michael King

“Hide and Play Dead” is not a book to be read. This is a book to be experienced. This book is an unfolding adventure story that you will not want to put down for a minute. You will be emotionally moved and sometimes shocked as you read the writer’s memoirs. You will enter into his intimate life history starting nine generations before his birth and up through his current real-time adventure of self-healing while writing. This book will engage you. Whoever you are— whatever your age, gender, personal background, racial identity, sexual orientation, vocation or social class— you will strongly relate to some parts of this book. This book will begin to heal you! The book is structured to evoke the emotional states necessary to recover from oppression and teach by example the survival skills needed to stay safe from social predators.

“Hide and Play Dead” is a memoir and nonfiction novel that represents a quantum leap in writing technology, healing methodologies, and social engineering. The work lays a foundation for a paradigm shift in the biosocial sciences that will be developed over a planned series of books. This autobiographical novel is interwoven with the real-time adventure story of my liberation from ancestral patterns based on slavery. The flow, from the beginning and up to the joyous conclusion of the book, appears as a seamless cinematographic stream with an unforgettable true storyline. It is a riveting exposé and psychological thriller filled with international intrigue and startling revelations uncovering inside secrets of the black aristocracy and Intelligentsia, renowned educational institutions, and the field of medicine. This book dares to free readers from oppressive imprints using advanced neuropsychological principles applied to the process of reading. Real people, real pain, real discovery and real adventure into the unknown are the cornerstones of self-healing that I both experience and personify. Moving anecdotes, irony and sardonic humor, innuendoes and mysterious dangling phrases, metaphor and symbolism, poetic prose, mythological references, allegorical and mystical depictions, auditory, visual and onomatopoeic leitmotifs, and a stark self-revealing stance produce a level of excitement that is necessary to break traumatic patterns in the reader, as well as to create a literary masterpiece. “Hide and Play Dead” is also a bold critique that challenges systems of social oppression, including racism, dysfunctional parenting, predatory relationships, educational elitism, homophobia, and physician corruption under the tyranny of “the business model”. It highlights the ultimate threat to democracy: global neoslavery under the rulership of a corporate elite, and galvanizes the populist resistance to this crisis that emerged in the past two presidential elections. **OVERVIEW OF THE PLOT** This is my story of being a mixed race African-American growing up as the solo child desegregationist in a conservative North mid-Western city in the 1960’s, whose dysfunctional family represents the pinnacle of the black aristocracy. I escape the racial violence and domestic turmoil by going to the nation’s most elite private schools, where I excel academically but fail to fit in socially—replicating my parent’s own histories of child prodigy and abandoned half-Jewish orphan. I come out of the closet as an openly gay man while attending Harvard Medical School and become an iconoclastic alternative healer. I narrate my series of ten toxic “marriages” to narcissists and other social predators, and my “work” as I witness the corruption and collapse of the field of medicine. I reach a crisis point and realize that I must write a truthful account of my history to fully recover from a lifetime of trauma. Dramatic real-time events occur as I write the book, highlighted by the rediscovery of my ancestral roots and the after-effects of slavery upon my life’s course and identity.

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#### **Carolyn Foley:**

Spent a free a chance to be fun activity to complete! A lot of people spent their free time with their family, or their own friends. Usually they performing activity like watching television, gonna beach, or picnic within the park. They actually doing same task every week. Do you feel it? Do you wish to something different to fill your own personal free time/ holiday? May be reading a book can be option to fill your cost-free time/ holiday. The first thing that you will ask may be what kinds of book that you should read. If you want to attempt look for book, may be the publication untitled Hide and Play Dead can be good book to read. May be it can be best activity to you.

#### **Michael Madden:**

A lot of people always spent their very own free time to vacation or go to the outside with them family or their friend. Did you know? Many a lot of people spent these people free time just watching TV, or playing video games all day long. If you wish to try to find a new activity this is look different you can read a book. It is really fun for you personally. If you enjoy the book that you just read you can spent the entire day to reading a guide. The book Hide and Play Dead it is quite good to read. There are a lot of folks that recommended this book. These were enjoying reading this book. Should you did not have enough space to deliver this book you can buy the particular e-book. You can m0ore very easily to read this book through your smart phone. The price is not to fund but this book provides high quality.

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