



Good Food: Fish & Seafood Dishes: Triple-tested Recipes (Good Food 101)

Jeni Wright

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Fish and seafood are a healthy, versatile and delicious choice, and to prove that cooking with these ingredients doesn't have to be complicated or time-consuming, the team at *BBC Good Food Magazine* have collected their favourite recipes for *Good Food 101 Fish & Seafood Dishes*.

You'll never be stuck for ideas with these tasty, easy recipes, from Smoked Salmon and Dill Tartlets to Spicy Singaporean Fish, in chapters that include Simple Everyday Suppers, Easy Entertaining, Healthy & Low-Fat and Asian Flavours.

As each recipe is accompanied by a full-page colour photograph and step-by-step instructions, creating delicious fish and seafood dishes in your own kitchen has never been so simple.

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